Health evidence workbook

Keep veterinary source documents and observations distinguishable

Practical planning support only. Not a veterinary diagnosis, official registration or legally recognized travel passport.

1. Prepare questions for your veterinary appointment

Bring the right information without treating the app as a vet

[ ] 1. Summarize what you observed and when it occurred

[ ] 2. List food, medications and documents you can verify

[ ] 3. Note questions about vaccines and preventive care for your veterinarian

[ ] 4. Ask how to obtain an attributable visit summary afterward

Open this tool online:
https://puppypassport.theknowledgeformula.com/tools/prepare-questions-for-your-veterinary-appointment

2. Keep a vaccination document index

Find the right source document when you need it

[ ] 1. Record vaccine name only as shown on the veterinary document

[ ] 2. Add clinic, date and supporting document reference

[ ] 3. Check whether a booster or review date was actually documented

[ ] 4. Never label a personal note as veterinary verification

Open this tool online:
https://puppypassport.theknowledgeformula.com/tools/keep-a-vaccination-document-index

3. Prepare a puppy health history handover

Give the new family factual history and open questions

[ ] 1. Gather veterinary visit documents and their dates

[ ] 2. Separate observed symptoms from professional diagnoses

[ ] 3. Include prescribed care instructions exactly as provided

[ ] 4. Flag unresolved issues the family should raise with its veterinarian

Open this tool online:
https://puppypassport.theknowledgeformula.com/tools/prepare-a-puppy-health-history-handover

4. Build a care questions notebook

Get more useful answers from a professional

[ ] 1. Record each question in plain language

[ ] 2. Attach the relevant observation date without diagnosing

[ ] 3. Add the name of the professional who answered it

[ ] 4. Review and update the note when advice changes

Open this tool online: https://puppypassport.theknowledgeformula.com/tools/build-a-care-questions-notebook

5. Track weight observations clearly

Keep observations comparable, not misleading

[ ] 1. Use the same measurement unit each time

[ ] 2. Record the actual date and measuring method

[ ] 3. Avoid comparing a puppy to generic growth charts as a diagnosis

[ ] 4. Bring unexpected changes to a veterinary professional

Open this tool online:
https://puppypassport.theknowledgeformula.com/tools/track-weight-observations-clearly