Feeding and routines workbook

Carry forward the routines that are already known

Practical planning support only. Not a veterinary diagnosis, official registration or legally recognized travel passport.

1. Document the puppy's actual feeding routine

Pass on clear instructions instead of vague advice

[ ] 1. Write the brand or recipe exactly as supplied

[ ] 2. Record amounts and times as observed or advised

[ ] 3. Note who recommended any special instructions

[ ] 4. Avoid changing prescribed diets without appropriate guidance

Open this tool online:
https://puppypassport.theknowledgeformula.com/tools/document-the-puppy-s-actual-feeding-routine

2. Plan a feeding handover conversation

Reduce confusion around existing routines

[ ] 1. Show the family the current routine in writing

[ ] 2. Clarify which items are breeder observations and which are veterinary instructions

[ ] 3. Identify who should advise on future changes

[ ] 4. Invite the family to keep its own feeding log after transfer

Open this tool online:
https://puppypassport.theknowledgeformula.com/tools/plan-a-feeding-handover-conversation

3. Create a simple daily care log

Remember patterns without constant app use

[ ] 1. Pick one short daily check in time

[ ] 2. Record observations as facts with dates

[ ] 3. Skip entries when nothing meaningful changed

[ ] 4. Escalate health concerns to a qualified professional

Open this tool online: https://puppypassport.theknowledgeformula.com/tools/create-a-simple-daily-care-log

4. Keep a medication information sheet

Avoid losing important source details

[ ] 1. Copy the medication label or written veterinary instructions accurately

[ ] 2. Record who prescribed it and the date

[ ] 3. Keep documents private and access limited

[ ] 4. Contact the prescribing clinic for any uncertainty

Open this tool online:
https://puppypassport.theknowledgeformula.com/tools/keep-a-medication-information-sheet

5. Make a pet sitter care card

Give a helper the minimum useful information

[ ] 1. List contact names and agreed routines

[ ] 2. Include emergency contact instructions approved by the owner

[ ] 3. Share only the specific information the sitter needs

[ ] 4. Revoke access when care arrangements end

Open this tool online: https://puppypassport.theknowledgeformula.com/tools/make-a-pet-sitter-care-card